The Galston High School Gifted and Talented program ran the second annual Amazing Race in 2013. We expanded the event to include students enrolled at our partner primary schools as part of our Galston Community of Schools Transition to High School program. Selected primary school students were invited from years 5 and 6 to participate in a full day of challenging activities to develop their skills and personal qualities needed to meet the challenges of the 21st Century, such as exploration of ideas, creativity, collaboration and team work. Each primary school student was matched with a Year 7 Extension class (7X) student and they had the added pressure of ‘racing’ their fellow contestants in order to see who completed the set tasks within the required time frame.

Teams were given a clue to find the location of their first event which was Frisbee golf run by Mr Van Baarle. The aim of the game was to throw the frisbee into a square in two shots. Most groups completed this challenge with Zac Borg and Keenan Vale placing first in this event.

In second period Music challenged the students by decoding the notes of a song by playing on a glockenspiel. Mrs Andrus also played five mystery songs and the students were required to guess which song it was and use the clues around the classroom to complete a music quiz. The team members that won this event was Kayla Carruthers and Laura Cook.

In Mr Dargan’s Science class, students were required to test different powders with a range of chemicals to see if they would dissolve in water. This was a tough challenge with two teams tying first including Nick Vumbaca, Angus Tkacz, Cassidy White and Willow Sumnermurphy.

Once again Mrs Lees provided a brain teasing Mathematics challenge. Students were required to complete maths puzzles and in order to win this event, teams had to complete the most amount of puzzles. Well done to Zac Borg and Keenan Vale who triumphed in this event as well.

The final challenge was set by Miss Price in Drama. The students were provided with cards relating to a character, setting, situation and a technique. They were given 5 minutes to complete the play with group 4 placing first consisting of two teams including Rachel Pernice, Teresa Catania, Chelsea Taylor, Tania Wong, Bella Laugton, Melinda Cook, Ebony Norton and Ruby French.

Finally students were required to race around the school to collect bonus points using the clues provided. This gave the students additional points allowing Rachel Pernice and Teresa Catania to take out first place for the whole day.

All of the students had a variety of challenging, yet fun, activities in the Amazing Race and we look forward to running another event next year.

Lena Jansons
Gifted and Talented Coordinator.
It has been a fabulously busy and exciting 2013 so far down in the CAPA faculty with all things music and art being produced with enthusiasm, joy and lots of dedication.

Here’s what some of our students have been up to:

From our student Musicians:

From Ranni Allen and Justine Beaini in Mrs Fuller’s 7N Music:
We learnt about Grieg and the song “In the Hall of the Mountain King”. We thought the song was very interesting and we enjoy listening to it. We enjoy learning how to make music and playing on the instruments and having fun.

From Emma Newcombe and Chris Naude in Mrs Fuller’s 7N Music:
We have produced a song using chocolates that we brought to class. We have learnt about Grieg and the song “In the Hall of the Mountain King” which was the most interesting that he wrote. The thing we most enjoy about music is getting into groups and playing all different instruments, also having a really nice and kind teacher.

From Riley Hewitt in Mrs Fuller’s Year 7K Music class:
We have made many things this year like the chocolate composition, the percussion composition and lots more. My favourite one was the percussion composition because we got to choose our own composition and play that beat. We learnt about Edvard Grieg who created the piece of music which starts slow and soft then gets louder and faster. This particular piece of music also has a story behind it about three trolls wanting this guy to marry their daughter after he ran into the cave. The things I enjoy most about music is getting jelly beans, learning new notes and rests and being able to use all the instruments to create a composition or piece of music.

From Jessica Robards in Mrs Andrus’ Year 7X Music class:
We had to get into groups of three, so two fellow students and I made a piece of music using little stars and swirls. Then we performed it to my class and then we swapped music pieces and had to try and perform another person’s piece of music. I enjoy that we have the chance to make our own music and we could play it on actual instruments to the class.

From Cameron Shields in Mrs Andrus’ Year 12 Music class:
We have made little tunes on percussion instruments; we then switched our little song with another group. Once we got someone else’s part we performed our interpretation of theirs. Recently we were listening to “In the Hall of the Mountain King”. I really enjoy doing practical work outside and performing our parts.

From Stella McCoy in HSC Music 2 class:
My major work consists of 4 pieces, music, aural, practical and performance. I enjoy the practicals and performance side of music the best. My HSC so far is alright, there’s quite a bit of work involved. I’m a little bit worried about my drumming piece and most looking forward to finishing school.

From Danielle Pride in Mrs Andrus’ Year 7X Music class:
This year in music we have been learning how to play the glockenspiel, cajon, djembe and percussion instruments. We form small groups and compose music and perform the piece to the class. Now we are looking at a music piece called “In the Hall of the Mountain King”. The thing I enjoy most about music is that you can perform it in many different ways. I also like to perform to the class.

From Keenan Vale in Mrs Andrus’ Year 7X Music class:
We have made little tunes on percussion instruments; we then switched our little song with another group. Once we got someone else’s part we performed our interpretation of theirs. Recently we were listening to “In the Hall of the Mountain King”. I really enjoy doing practical work outside and performing our parts.

From Chelsea Taylor in Mrs Andrus’ Year 7X Music class:
We have been learning about note values, beats, rhythm, pitch and compositions. We have been using percussion instruments and composed and performed our own pieces. I enjoy composing and performing and I also like class discussions.

So far, my favourite composer that we’ve learnt about this year, has been John Williams (if it’s John Williams, you know it’s good), who wrote the score for the film, Schindler’s List. We looked at the theme song from this, and it is absolutely amazing. The simple use of a solo violin, conveys strong emotion and accompanies the film perfectly.

What I love most about music, is how much emotion can be conveyed through the single use of a particular instrument.

I’m finding the HSC to be just as challenging as I expected. I think the most challenging thing however, is the amount of assessments that due within such a small period of time. It’s pretty scary to think that we have under 100 days left of school. After that, we get set loose on society. I think what I am most worried about is that it will all be over far too quickly. What I am most looking forward to is going to university. I often have to stop myself from making this year feel not as significant as the next, as the fastest way I’ll get to uni, is by doing well in year 12.
From our student Artists:

From Katharine Tang in Ms Duggan's Year 11 Visual Arts class:
This year we've been looking at the human form in art and how it reflects social values and beliefs throughout human civilisation. So far theory lessons have explored the connection between art and psychology as well as the purpose and creation process of the human form. We are currently producing artworks depicting the body through drawings and painting while experimenting with different mediums and discovering their effects. The famous artists studied have created iconic images of the human form. Unfortunately, many of these such as the sculptor of the Venus of Willendorf remain unknown. Through studying the sculptures of Michelangelo, we have discovered interesting facts about the Renaissance culture and their view on religion. In Visual Arts I most enjoy experimentation with mediums and planning/ starting new artworks. I just don't like finishing them...

From Benjamin Rando in Mrs Meagher's Year 11 Visual Arts class:
From the beginning of the year, my key expressive form of artmaking has been focussed on studying the human form and how elements, ideas and beliefs affect the perception and stability of the human form. We are currently producing artworks depicting the body through drawings and painting while experimenting with different mediums and discovering their effects. The famous artists studied have created iconic images of the human form. Unfortunately, many of these such as the sculptor of the Venus of Willendorf remain unknown. Through studying the sculptures of Michelangelo, we have discovered interesting facts about the Renaissance culture and their view on religion. In Visual Arts I most enjoy experimentation with mediums and planning/ starting new artworks. I just don't like finishing them...

From Emily McCauley in Mrs Birkinshaw's Year 9 Visual Arts class:
So far this year we have drawn a cow skull and painted it with ink which was our first project. We have also been painting still life. I have been painting a pink flower, in a very close up view. We have learnt about Audrey Flack, a female artist who air brushes photos of still life scenes. She specifically picks feminine objects and uses precise lighting and takes several photographs until she finds the right one to paint. I find her interesting because she uses all feminine objects to photograph and then paints using an airbrush. In Visual Arts I most enjoy the relaxed environment and being able to learn new techniques and use them. I enjoy being able to express myself in our projects as well in different ways. It's a fun way to learn and be creative.

From Charne Combrink in Mrs Birkinshaw's Year 9 Visual Arts class:
We've been learning about still life paintings. We have been painting a still life picture of our choice which could consist of flowers, pots, fruit along with anything else still life. We have learnt about Audrey Flack who is described as a 'photo realist'. I find that she uses feminine objects to state that the art world is dominated by men, very interesting. In Visual Arts I most enjoy being able to express your artwork in different ways and it's a fun way of learning. You get to learn how to make art in different ways plus you can talk to friends whilst artmaking.

From Jess Mills in Mrs Birkinshaw's Year 9 Visual Arts class:
So far this year we have done still life painting and learned about artist. The artworks I've made are an ink painting of a skull and a still life painting. We've learnt about Audrey Flack who is interesting because she paints based on photographs rather than real life. I enjoy Visual Arts because I'm good at it. I like it because it expands your mind and lets you think differently.
From Lauren van den Elzen in Mrs Birkinshaw’s Year 12 Visual Arts class:
My Major Work is a series of different sized watercolour painting of eyes and incomplete or unfinished faces with splashes of colour. I’m still deciding on the concept but so far I want to focus on the value of perfection and the standards towards what is considered finished and what is not. What makes an artwork finished? So far this year I’ve been painting, pretty much all I do is paint. I love Picasso and his radicalism. I love any artist that pushes the conventions of the artworld and bluntly portrays the issues of their time. Artists such as Manet really fascinate me. Also movements like Dada and Surrealism appeal to me with the way they question the values of traditional art and the boundaries of dreams and reality.

In Visual Arts, I love the freedom of expression. I enjoy the peaceful space and the way everyone encourages the way you create and why you create it.

The HSC so far... I’m finding it quite easy, to be honest. I love painting and have no trouble creating my artworks. I’m most worried about my concept not being perceived the way I want it to. I’m looking forward to actually seeing my artworks finished and displayed in the library. I’ve always had trouble finishing my artworks, I think since Year 7 I’ve only finished two artworks to a standard I’m satisfied with, so I’m looking forward to being proud of my ‘finished’ artworks.

From Georgia Smith in Mrs Birkinshaw’s Year 12 Visual Arts class:
My Major Work is about exploring the relationships one has with their surroundings. I’m doing this by experimenting with using a data projector to project both landscapes and macro photographs I’ve previously taken onto myself and others, then photographing these portraits resulting in a layered image. So far this year, I’ve been developing my ideas and experimenting with new ways of expressing these through Photomedia.

During the course we have learnt about artists such as Pablo Picasso, Edouard Manet, Jackson Pollock, HA Schult, Frank Gehry and Michelangelo. What I find most interesting about them is the way they all pushed boundaries to achieve greatness and the fact that for many of them, their talents weren’t fully acknowledged or appreciated until after their deaths.

I think what I enjoy most about Visual Arts is the experimentation with new media and techniques that I wouldn’t otherwise have considered and occasionally discovering I have some skill in an area I hadn’t previously delved into. I also like watching the works of my fellow artists evolve and using them as a source of inspiration.

So far I haven’t found completing my HSC too terrible. It has its ups and downs. You’re pretty miserable in the lead up to an assessment task, but once you’ve completed it, knowing you’ve done it to the best of your ability, your mood stabilises. What I’m most worried about would have to be staying motivated and getting an ATAR that I can be proud of and what I’m most looking forward to this year is definitely the Europe tour!

From Annina Chrystal in Mrs Birkinshaw’s Year 12 Visual Arts class:
I’m doing a collection of works based on the nude human forms for my major work in Visual Arts. I’m focussing on positions and poses relating to tension and balance. So far I have chosen two forms I want to paint, both female. The one I have started painting is balancing on one foot and the next one I’m doing is a handstand.

The artist I was looking at earlier was Alexa Meade. She is amazing and paints onto people. She would paint the background and props, then the person into it. I most enjoy the atmosphere in Visual Arts. I have a good class and I find the theory and practical components equally enjoyable.

The HSC so far... I’m worried about time – finishing my paintings. I am also concerned that I don’t really have a deep concept, though I may not need one, instead I can focus on painting with good technical skill.
World’s Greatest Shave

On the 25th of March Galston High held the World’s Greatest Shave to fundraise for the Leukaemia Foundation. The day was a huge success with lots of students participating in hair spraying, waxing and of course the great shave. We raised an incredible $4970.95 with money still coming in. Out of this $1102.90 came from student donations at roll calls which shows the generosity and care of Galston High students, parents and teachers. The remaining $3868.05 was raised by the volunteer head shavers and leg waxers; Hayley Roberts, Nick Mulè, Luke Wicking, Jonathan Lagos, Chris Brown, Jordan Vecchio, Josh Edwards, Callum Rowston, Mr Dargan, Stuart Macpherson and Marcus Dulke. These brave people did an amazing job in raising these funds and should be congratulated. Special mentions have to be made to Hayley Roberts who alone raised a massive $2683.20 and still counting as well as Nick Mulè who raise an amazing $604.65.

Thank you everyone for making this one of the most successful shaves for Galston High school and let’s keep up the great fundraising throughout the rest of the year.

By Josh Stringer of Year 12

I would like to extend a massive congratulations and huge thank you to the 2013 SRC who amazed me in their professionalism, organisation and motivation in this year’s World’s Greatest Shave. This was one of the best fundraisers we have had and the whole day ran without a single hitch!! A special mention must go to Josh Stringer who captained the event and did such a fantastic job!!!! Congratulations! Thank you again to all the parents, students and staff who made such generous donations!

Miss Keris Price
SRC Coordinator

Chatter over a Platter

On a balmy evening last Saturday, under the colourful glow of the newly purchased party lights, the Social Committee held it’s infamouos “Chatter over a Platter”.

There was much chatter around the delicious platters of food that were shared and heartily consumed. Many thanks to those that did attend this social occasion from the school community, the executive and teaching staff. Your support was appreciated. We hope you had a great time and we see you again.

Congratulations to the winners of the lucky door prizes and the $200 club. A big thank you to Cameron’s Nursery for their kind donation of plants.

I am grateful for the assistance I received from the P&C, my fellow members of the Social Committee, the executive and office staff with the organising and promotion of “Chatter over a Platter”.

Sincere thanks from
Paul Squires on behalf of the Galston High School P&C

GREASE is the Word

If you would like to see the professional production of GREASE at the Lyric Theatre on Sunday 20th October at 3.00pm, please collect a permission note from Mrs Fuller as soon as possible. I have up to 50 tickets available for students, staff and parents. The cost is $90.00 for under 15 years and $140.00 for adults.

This is slightly less than the normal ticket price, although there isn’t much difference as it is expected to sell out quickly.

Payment is appreciated before the end of term, or on the first day back of term 2.

Mrs Janet Fuller
Music Teacher
Harmony Day

Harmony Day 2013, despite its late arrival at Galston High, was a very successful and fun day celebrating the Harmony Day theme: Many Stories – One Australia.

This day focused on cultural diversity as one of Australia’s greatest strengths and is at the heart of who we are. We all make up the pages of a bigger Australia and we all have a story to tell. The day started with a formal assembly run by Georgina Trotter and Ibrahim Sweedan from the SRC who explained the importance of celebrating harmony and introduced our guest speakers, Aubrey and Vanessa Lee who engaged us with their own stories of growing up and living in Australia.

Lunch time saw the quad a sea of colour with the students wrestling (in a very harmonious way) to win victory over each other’s socks. There was also a guessing competition, a selection of world music and “FREE HUGS”.

Welcome to Galston High School’s Harmony Day. For Australia, it is a day to celebrate our diverse and multicultural society.

Although Aboriginal and Torres Strait Islander people have lived in Australia for thousands of years, most of Australia’s population is made up of people whose families only arrived in the country within the last 200 years.

When European settlers arrived there were around 600 Indigenous nations (groups or communities) living all around Australia.

Today, Aboriginal and Torres Strait Islander people make up 2.5% of the Australian population.

At Galston High School, and at many other venues, we pay respect to Aboriginal culture and heritage by acknowledging the traditional custodians of the land. This is called an ‘Acknowledgement of Country’.

Today for the first time we are very proud and pleased to have had two of our Indigenous students, Joelene Brown and Luke Verstegen, deliver the Acknowledgement of Country – this is very fitting in light of today’s Harmony Day Assembly.

The first immigrants who came to Australia were mainly from England, Ireland, Scotland and Wales. In 1860 over three quarters of Australians were from these places. However, there were also people arriving from other parts of Europe, such as Italy and Greece.

During the gold rush in Victoria, many people from Britain, Germany, China and Ireland were attracted by the promise of wealth and riches awaiting them in the soil of the goldfields.

Between World War I and World War II, people who arrived from overseas brought many new skills and ideas with them, allowing Australia to grow into a modern country.

Greek immigrants opened cafés & restaurants. Stonemasons from Italy contributed to building much of Australia’s magnificent architecture.

Japanese, Malay & Filipino immigrants worked as pearl divers. Soccer came to Australia with the British. Europeans brought their folk music which inspired generations of Australian country musicians. Many immigrants worked to build roads & railways. Many women from Ireland & Britain worked as maids or servants.

During and after World War II many refugees from throughout Europe came to Australia. By the middle of the twentieth century, people from all over Europe, the Middle East, Asia and South America were immigrating to Australia. In modern times, many people who come to Australia are escaping war and violent conflicts in their home countries.

The majority of Australia’s population is made up of people who were born here or moved here only one, two or three generations ago and as a result, everyone has different and varied backgrounds.

Approximately 70% of Australians were born here. The rest have moved here. The top five countries from which people have immigrated are:

1. England
2. New Zealand
3. China
4. India
5. Italy

All the different cultures that come together in Australia bring many things with them: different foods, different ways of dressing, different languages and different customs and beliefs.

Harmony Day is about celebrating and learning more about these differences, embracing new cultures and making sure that everybody is included in society. Differences are what make us unique and special.
Upcoming Events

This Week

Monday 8 April
Year 12 Excursion Free

Tuesday 9 April
Year 12 Excursion Free
ANZAC Day Assembly

Wednesday 10 April
Year 12 Excursion Free
D of E Gold Practice Walk
Year 10 & 11 Legal Studies Excursion - Mrs Edwards
RSL & Schools ANZAC Ceremony - Hyde Park - Prefects

Thursday 11 April
Year 12 Excursion Free
Grade Sport - Semi Finals
D of E Gold Practice Walk
Galston PS ANZAC Ceremony
9.30 - 11.30am - Year 12 Prefects

Friday 12 April
LAST DAY OF TERM
Year 12 Excursion Free
D of E Gold Practice Walk
Glenorie PS ANZAC Ceremony - Year 12 Prefects

Saturday 13 April
D of E Gold Practice Walk

Sunday 14 April
D of E Gold Practice Walk

Next Term

Monday 29 April
School Development Day

Tuesday 30 April
School Development Day

Wednesday 1 May
Students Return
Year 11 Half Yearly Exams
Meet The Music series of concerts
3.30 - 9.30pm

Thursday 2 May
Finals - Grade Sport
Year 11 Half Yearly Exams

Friday 3 May
Year 11 Half Yearly Exams

Saturday 4 May
D of E Silver Practice Walk

Sunday 5 May
D of E Silver Practice Walk
Year 12 performance practise
concert at Galston Uniting Church
2.00pm

Still to Come

Monday 6 May
Year 11 half Yearly Exams
D of E Silver Practice Walk

Tuesday 7 May
Year 11 Half Yearly Exams
D of E Silver Practice Walk

Wednesday 8 May
Year 11 Biology - Longneck Lagoon Excursion
Extension Class Test
School Captains Parliamentary Leadership Program

Friday 10 May
Vaccinations Year 7 & Year 9 Boys

Learn an Instrument...

If you learn a musical instrument either at school, at home or elsewhere and would like a bit of extra tuition this school holidays, then you might consider supporting Dural Music Centre and Teaching Services Australia in their efforts to raise money for Variety, The Children’s Charity.

Tuesday, 23rd April will see DMC studios host a day of tuition with TSA/DMC staff donating their time so that all tuition fees collected will be passed on in full to Variety.

Tuition is available on all instruments including guitar, piano/keyboard, woodwind, brass and percussion. All donations are tax-deductible and will be passed on in full to Variety, The Children's Charity.

For further information, email steve@teachingservices.com.au, visit www.teachingservices.com.au, or call 9651 7333.

Homework Club

Homework Club has resumed for 2013 and will be held every Wednesday in the Library from 3.15 - 4.15pm. Come along for help with homework and assignments.

Afternoon tea will be served!

Teachers from Maths and English will be available to assist you. All students and staff welcome.

We look forward to seeing you all there.
‘The Hub’ was officially opened by School Education Director, Jason Meizis last Wednesday. ‘The Hub’ is an inclusive addition to the school community supporting students with special needs as they work alongside their mainstream peers in classrooms and school activities. The launch was attended by the state and regional personnel, the school’s senior executive, numerous teaching staff, peer support leaders, families, and of course the students themselves. Local primary school principals joined us as we toured the classrooms and viewed the gallery of student work on display. The Hub is already a hive of activity and we look forward to continued involvement in all aspects of the Galston High School community.
Girls Knockout Netball

On a day that was better suited for ducks, and after many delays and phone calls to find an indoor venue, we finally got to play 1 of a possible 2 matches. This is a knockout competition so winning is a must if you want to keep progressing. This match was against Pennant Hills. At the end of the 1st quarter we were in the lead by 1 goal, at half time the scores were level, at the end of the third quarter we were up by 7 but unfortunately at full time we lost by 1 goal in a nail biter.

Congratulations girls on a hard fought match!

The team:
- Joelen Brown
- Kayla Brown
- Lucy Niccol
- Courtney Pearce
- Erin Brady
- Emily McCauley

And a big farewell to my Year 12s: Amanda Moody, Lisa Paisley and Zoe Paisley.

Thank you to Mrs Sue Sammut for being my right hand woman!

Miss Daina Ciferson

Congratulations Taylah

We would like to extend massive congratulations to Taylah Piercy of Year 10 who has been selected to be part of the Packemin production of Hairspray at the Riverside Theatre. Taylah was selected from hundreds of aspiring actors, singers and dancers earning her place as part of the main ensemble.

Hairspray runs from the 26th July - 10th August and tickets are available through Riverside Theatre on 88393399.

Congratulations Taylah, we are very proud of you.

Winter School Uniform

Thank you to all our families for their wonderful support in ensuring that students are wearing correct school uniform each day.

As winter is approaching, just a reminder about school uniform expectations. Students will continue to wear normal school uniform with the addition of the school jumper. Both boys and girls are permitted to wear navy pants and girls may wear thick blue stockings under their skirts.

For additional warmth, students may wear a white or pale blue skivvy under their school shirts. This will also alleviate the problem of woolen jumpers irritating the skin.

We have two types of school jumpers available to accommodate the needs of students who are unable to wear wool. The fibre content of the school jumpers are:

- Wool Jumpers - 80% wool, 20% nylon
- Non-wool Jumpers - 65% polyester, 35% cotton

Cost of jumpers are $63 (sizes 10-16) and $69 (sizes 18-26).

The P&C Uniform Shop has a new weather-proof jacket lined with polar fleece on order. We will notify families as soon as they arrive in the school along with costings.

Please remember that tights/leggings are not school uniform. Parents will be contacted to bring correct uniform or correct uniform will be provided. Girls who wear tights/leggings (without their school skirt) will not be permitted to enter class until they are in correct uniform.
Acting Classes for High School Students!

Speech, movement, mime, scripts, drama games, improvisation, play building and performance techniques.

Studio locations:
Castle Hill, Baulkham Hills, Dural, Kellyville and Quakers Hill.

Contact Principal Janelle Butler – 8883 2448
www.helenogrady.com.au

* Primary Classes also available.

Enrolling now for 2013!

Convict Footprints on the Old Great North Road

Immerse yourself in the living history of the World Heritage Listed Old Great North Road and experience live theatre like never before in beautiful National Park

APRIL 14th, 20th & 21st
11.00 am and 4.00 pm


Patrimonio Mundial
• World Heritage
• Patrimoine Mondial

Australian Convict Sites inscribed on the World Heritage List in 2010

United Nations Educational, Scientific and Cultural Organization

The Old Great North Road is one of 11 historic places that form the Australian Convict Sites World Heritage Property.

Information Evenings for Parents/Carers - 2013

Enquiries/Bookings
Please contact CAFS (Mission Australia) on (02) 9482 1366 during business hours. Bookings are essential.

Relationships, Strategies, Connections, Health

Parents and carers are warmly invited to attend the 2013 series of information evenings.

Please note all sessions are 7.00pm – 8.30pm

Tue 14th May  Greg Powell  Relationship and Resilience  Galston
Wed 15th May  Peter Walz  Keeping Connected with your Teenager  Hornsby
Wed 12th June  Andrea Simpson  Safe Parenting – Messages for Parents  Hornsby
Wed 19th July  ThinkUKnow  Cyber Strategies  Galleon
Wed 26th July  Greg Powell  Bullying Strategies  Hornsby
Wed 28th August  Andrea Simpson  Adolescent Mental Health  Hornsby

Hornsby - Mission Australie
1 Coronation Street

Galgan - Galston High School
Westfield Professional Learning Centre
403 Galston Road

Greg Powell has worked as both a clinically-trained psychologist and a primary school teacher so he is an inspirational presenter and has great comments for both adolescents and parents. He is an experienced presenter and has presented at numerous schools and conferences on a variety of issues relating to parenting, education and mental health.

Peter Walz is a Clinical Psychologist at the Hornsby Child and Adolescent Mental Health Service which is based at Hornsby Hospital. He has worked with children, adolescents and their parents in Community Child and Adolescent Teams for over 15 years. He sees relationships within the family as central to his work.

Andrea Simpson has been a Psychiatric Nurse for over 17 years both in the UK and Australia. She has worked in Drug and Alcohol, Inpatient and Early Psychosis Teams and is currently working as a Clinical Nurse Consultant at Hornsby Child and Adolescent Mental Health Service.

ThinkUKnow is an internet safety initiative which aims to raise awareness of the issues which young people face online and whilst using mobile phones. It is a partnership between the Australian Federal Police (AFP) and Microsoft Australia, and is now proudly supported by InMobi and Simplicity. This is a fantastic opportunity for you to learn more about how you can help keep your child safe online at home, at school, or in the community, and how to report concerns.

Please contact CAFS (Mission Australia) on (02) 9482 1366 during business hours. Bookings are essential.

THIS COULD BE YOU...

at school
with new friends
with host family

Southern Cross Cultural Exchange INFORMATION SESSION
Tuesday 9 April 2013 @ 7pm

SYDNEY
Lane Cove Library
Liberty Place
Lane Cove
(Parking station located in Sussex St.
www.scco.com.au  1800 500 501  sccoaustr@scco.com.au

ADELAIDE
Marten Cultural Centre
297 Elphin Road
Oaklands Park

Enquiries/Bookings
Please contact CAFS (Mission Australia) on (02) 9482 1366 during business hours. Bookings are essential.
(written response is not required if you have already replied to a text message)

Student’s Name: ____________________________ Roll Class: ______
Absent Dates: ___________________________________________________
Reason: ________________________________________________________
_______________________________________________________________

Parent/Caregiver Signature: __________________________ Date: ____________

X ________________________________________________________________

(white space)