Rabo Bank Farm Experience Presentation

At this week’s assembly, six Galston High School Students made a presentation to the student body about their Farm Stay Experience in September.

Libby Nealon, Emily Lambert, Mark Jewitt, Mikaylah Stewart, Emma Kinnard and Molly Paisley-Curruthers were selected to participate in a pilot program sponsored by Rabo Bank and Galston High School and supported by 2realise, where students had the opportunity to stay for a week with a farming family.

The students travelled to Griffith by plane and met their host families. They then travelled to the farms where they participated in farm life for 7 days. Students learned to operate machinery and assisted with all activities associated with the farm.

The presentations at Tuesday’s assembly included video footage of the students’ stays. Congratulations to each of these students for the enthusiasm with which they understood this experience and for being outstanding ambassadors for the Galston High School Community.
Upcoming Events

This Week

Monday 17 November
White Card Training - Draper
Year 12 Hospitality Work placement
Year 7 Swim School

Tuesday 18 November
P&C Meeting
Year 12 Hospitality Work placement
Year 7 Swim School

Wednesday 19 November
White Card Training pds 1-2 - Draper
Year 12 Hospitality Work placement
Year 7 Swim School
Year 9 History Excursion - Lamont

Thursday 20 November
Year 12 Hospitality Work placement
Year 7 Swim School

Friday 21 November
Movember BBQ - Wells
Year 12 Hospitality Work placement
Year 8 Sydney Opera House - Andrus

Next Week

Monday 24 November
Year 9 Peer Support Leaders Orientation Day Training
Year 10 All My Own Work
Year 7 Surf School

Tuesday 25 November
GCoS Debating Challenge - Lee

Wednesday 26 November
Quirindi Excursion

Thursday 26 November
Quirindi Excursion

Friday 28 November
Quirindi Excursion

Sunday 30 November
Bronze D of E Test

Still to Come

Monday 1 December
Bronze D of E Test

Tuesday 2 December
Presentation Night

Wednesday 3 December
Year 7 Orientation Day

Thursday 4 December
Hub Camp - Whittell-Webb

Friday 5 December
Hub Camp - Whittell-Webb

Saturday 6 December
Music Tour Years 7 - 12 - Fuller

Sunday 7 December
Music Tour Years 7 - 12 - Fuller

Homework Club

Homework Club will be held every Wednesday in Room 2 from 3.15 - 4.15pm

Come along for help with homework and assignments. Afternoon tea will be served!

Teachers from Maths and English will be available to assist you. All students and staff welcome.

We look forward to seeing you all there.

Rememberance Day Assembly

On Tuesday 11th November, we commemorated Rememberance Day.

Our Prefects Eliza, Danyon, Tilly and Hudson from Year 11 led the ceremony on behalf of Galston High School. Army Cadets Jake Poimer and Zac Daniel from Year 9, held the flag at half mast throughout the ceremony and raised it during the Rouse.

This is an important ceremony as we reflect on the 60 000 soldiers who gave their lives in WW1 and those who have sacrificed themselves for Australia in World War I and in other wars since, including those engaged in peace keeping missions around the world, including Afghanistan.
On the 4th November, Year 11 Business Studies and Year 11 Biology, visited Taronga Zoo to experience hands on what they had been studying in class. Year 11 Business Studies in the morning completed an analysis of the Operations of Taronga Zoo, took in the Woolworths Seal Show and got to meet the new baby Chimpanzee. In the afternoon, they attended a lecture about the Marketing of Taronga Zoo. This was a fascinating insight into marketing from behind the scenes. We even got to see a segment with Dr Harry from Better Homes and Gardens being filmed and Amy Moit was able to have a photo with him.

Year 11 Biology used the opportunity at the zoo, to research the adaptations of animals. Students were able to learn first hand from attending zoo keepers talks and the Free Flight Bird Show about how Australian animals have adapted to their environment.

Everyone who attended the excursion had a wonderful day and the weather was great.

I would like to take this opportunity to congratulate Year 11 on their outstanding behaviour on this excursion; they exemplified the schools core values of respect, responsibility and personal best.

Mrs Lamont and Miss Norrie
School Prefect - Daisy Trethowan

My name is Daisy Trethowan, and the primary school I attended was Galston Public School. The things I enjoyed most about primary school were sport days and drama time. I am looking forward to being a part of the Galston Public School community in the year ahead as it was the place in which my morals and values towards life were established. It was a place where my life skills were developed and I learnt the correct behaviour expected of me. I also developed close friendships that I have been able to maintain to this day.

The subjects I am studying for the HSC are Advanced English, General Mathematics, Biology, Physical Development Health and Physical Education, Business Studies and Community and Family Studies.

I have realised this is my final year at Galston High. I am both sad and excited. After I survive the HSC, and hopefully achieve my desired ATAR, my plans are to go onto University, most likely studying Media and Communications. Outside of education I would like to do some travel, mainly in Europe and America.

In year 7 I came to Galston High and knew at most 30 students, in my own and other years. Now I can boast that I have made the effort and succeeded in getting to know many more peers. The close friendships at school have helped develop us into kind, respectful and responsible citizens. It is the friends at Galston that make the school days more entertaining and manageable. I know that the friendships I have made at Galston High will be maintained and continue long after I finish school.

I am thrilled to be a part of the new prefect team. It is an honour I will not take on lightly. My attitude towards high school has been to keep super busy and get involved in everything that interests you, inside and outside of the classroom. I have been involved in the SRC, debating, competed in sports teams and attended leadership programs and most recently became a member of the prefect team. I enjoy high school so much more than I thought I would, I could not be prouder to be a student and prefect leader at Galston High School.

School Prefect
Hudson Denton

My name is Hudson Denton and the primary school that I attended was Glenhaven Public School. I was always fond of that school due to the community spirit and the warm welcome it provided to students. It was helpful through this process as my siblings and relatives went to that school as well. I enjoyed the sport side of school and was always a fan of school assemblies.

The subjects that I will be studying for my HSC include PDHPE, Sport, Leisure and Recreation, Advanced English, Modern History and Ancient History. I am hoping that these subjects will not only bring the best marks that I can achieve, but that I would enjoy them as well. My goal beyond high school is to do youth work in New York City.

Our school is lucky enough to have a number of extracurricular activities. I am currently a part of the Galston High School Prefect team for 2015. I have also been involved in activities such as sport carnivals, triathlons, peer support, house leading, gym, gala days, CHS rugby union, open days and the organizing of some of the many fund raising days. Through these activities, it has helped encourage me to enjoy myself at Galston High School. Being a part of these many activities exposes you to different staff and students and you then become a part of the school community. I enjoy the friendships that have been made and the teachers are very helpful and fun. I most of all enjoy the positive environment that is an inherent part of Galston High School.

My goal for leading this school is for it to be a place where students and young people can come in and embrace the “fun” we can have at school. I hope that I am able to create with my fellow prefects an environment where school is a happy and safe place for all students to learn.
School Prefect - Tony Mouyat

My name is Tony Mouyat, and the primary school I attended was Galston Public School. I am indebted to Galston Public School for the unforgettable memories, experiences and life lessons they provided to me during my primary school years. It was, and no doubt still is a school community that cared for the well being of its students, which allows for opportunities for young students to grow, learn and enjoy unique experiences throughout those years.

I enjoy Galston High just as much as I loved Galston Primary. I guess the source of contentment derives from the small nature of our community in that everybody knows everybody and nobody is ever alone. I enjoy experiences of having different teachers because each teacher offers a unique learning strategy, which opened my mind to the facts and truths of the real world. I also like the freedom of choice we have at Galston as we are free to choose the subjects and extra-curricular activities that we enjoy most. As a prefect, my ambitions are to uphold and sustain the school’s already established strengths and support them to ensure that they are sustained by the student body.

The subjects I am be studying for my HSC are Business Studies, Legal Studies, Ancient History, Advanced English, Mathematics 2 Unit and Extension Mathematics. I plan to hopefully use the subjects as a pathway to achieving post-HSC goals.

My goals and objectives beyond the HSC are still unclear. Something that I would enjoy greatly is to travel before delving it to my studies. I believe that traveling can encourage experiences which assist with self-discovery. I hope to use these experiences in selecting a university course which is right for me. Although I am not entirely sure yet, my strengths are in business related subjects and I find joy in helping others. Wherever my future lies, I am proud that both Galston Public and Galston High School have played a role in setting the foundations for potential success in the real world.

School Prefect Mathilda Shephard

My name is Mathilda Shephard and I am very excited to be part of Galston High School’s 2015 prefect team. For my first three years of primary education I attended Middle Dural Public School, and I later attended Dural Public School. I loved and appreciated my time at both of these schools. Being a small school, Middle Dural was always familial and close-knit — you literally knew everybody! It was such a friendly and nurturing environment. Despite being a larger school, Dural was also a fun, encouraging and healthy environment. With so many memories of my time there, I am very excited to be part of the Dural Public School community again. Moreover, I am also looking forward to being part of the Kenthurst Public School community in the coming year.

For my HSC at Galston High School I have elected to study Advanced English, Extension English 1 and 2, Modern History, Extension History, Biology, PDHPE and 2 unit Mathematics.

After surviving Year 12, and hopefully achieving a good ATAR, my current ambition is to go to Sydney University to study medicine. During University I would like to complete at least one semester on an international exchange, for both travel and education. Medicine is an appealing career path to me as it is not only extremely rewarding, but is rich with opportunities to make a difference in the world. After studying I would like to work with humanitarian organisations like Red Cross or Mercy Ships, or even join the Royal Australian Army Medical Corps. It would also be a great opportunity to travel and see the world.

At school I have been involved in various extracurricular activities. Throughout high school I have been involved in peer support, House leadership, sports and zones carnivals, gala days, the school
Like everyone, the transition from primary school to high school is a daunting experience. Yet, from the first day I have found the environment at Galston High to always be an absolute pleasure to be a part of. I am grateful to be able to broaden my understanding and perspective on a range of topics and develop various skills that I will be able to use for the rest of my life. I have enjoyed Galston for all it has given me, socially and academically. I can boast that I have created new friendships, while maintaining many from my primary schools; I know these friendships will continue to flourish long after school. I am so thankful for my committed teachers who have always encouraged and aided me in my educational and social development, assisting me to achieve my personal best. I feel that Galston has significantly shaped me into the person I am today.

Being a school prefect of Galston High School 2014-15 is a huge honour as I have always wanted the opportunity to give back to the school. I am excited to work with the Prefect body to come up with some big plans and start putting them into action in the coming year. My aim is to continue to promote Galston's name in the wider community and inspire those around me. I cannot wait to work with such an awesome team.

Senior Prefect
Rochelle Shahfazli

My name is Rochelle Shahfazli and I am a senior prefect at Galston High School. I attended two primary schools; Matthew Pearce Public School, and Dural Public School. Both schools equally benefited me while growing up. Matthew Pearce Public School was a big school allowing me to make a lot of friends and become confident which then continued when moving to a smaller school, Dural Public School where I was always found playing a lot of sport at lunch times and singing along in assemblies.

The subjects I will be studying for my HSC include Advanced English, Extension English 1 and 2, Modern History, Ancient History, Extension History, General Maths and Legal Studies. By choosing these subjects I have aimed to work with my strengths to achieve my personal best in the HSC and hopefully continue to study either law or journalism at university.

Some leadership roles I have been involved in at Galston High School include being Vice Captain of the Vikings, Director in Communications for SRC and “Keithing” for the Duke of Edinburgh Award Scheme. Extra-curricular activities that I have been involved in include knock out water polo, knock out State Futsal, and knock out touch football, zone swimming carnivals and the past two musicals (Suessical and High School Musical). These activities have allowed me to make the most of my high school journey, allowing me to make new friendships with fellow peers and teachers. I am particularly fond of the incredible sense of community that Galston High School has to offer to its students.

Senior Prefect
Danyon Munro

My name is Danyon Munro (most people call me Dan) and I am 2015 senior prefect for Galston High School. In Kindergarten I attended Kenthurst Primary School; one of my earliest memories is learning to spell the word “birthday” at Kenthurst and being excited when I was one of only two who could do it. For the rest of my primary school days, I went to Arcadia Public...
School, of the school I remember having great teachers, friendly peers and playing a lot of sport, which I did then and still do immensely enjoy. From there I moved to Galston High in Year 7 and have been there ever since. For the HSC I am studying Biology, Physics, Advanced English, Industrial Technology-Wood and soon to be 4 units of Maths.

With these subjects I hope to become an astronaut or at least do something in the field of astronautics. I will leave Galston with positive memories and a feeling of accomplishment of being at such a great school. The students at Galston High School are friendly, considerate and easy to get along with and I really appreciate the dedicated teaching team.

I am pleased and privileged to be senior prefect and hope that it is a role that I can do a lot of good in. I think it will be a good experience for me and hope that through it I can “give back” to the school.

I know that as a team us prefects will be able to work well together and make Galston High School a really great place. I am looking forward to playing a part in this goal.

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Dear Jillian,

Thank you for the opportunity to share in the Fortieth Anniversary Celebrations at Galston High School. Elizabeth and I were very appreciative of the invitation to the Official Opening on Sunday morning. We were very thankful for the privilege of reserved parking on both Saturday and Sunday. Thank you for the gift of the Galston Mug which is a real pleasure to drink from and a souvenir of the occasion which I will treasure.

I was delighted to meet you and the two Deputy Principals as well as some 15 members of staff who were at the school during my time as Principal. At least 4 of them are still on staff. The students who acted as guides were unfailingly courteous and helpful. They were a tribute to themselves and to the school.

Bendigo Bank has certainly given the school a lot of help and some wonderful facilities. It was great to see the school looking in such good shape - apart from the Library, of course.

I do wish you and the school the very best for the rebuilding of the Library and for all your future activities.

Kind regards,
Tony Gray

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Literacy & Numeracy Tips for Home...

Tip #6 - How to encourage your child to read.
1. Set an example. Let your kids see you reading for pleasure.
2. Furnish your home with a variety of reading materials. Leave books, magazines, and newspapers around. Check to see what disappears for a clue to what interests your teenager.
3. Give your child an opportunity to choose their own books. When you and your child are out together, browse in a bookstore or library. Go your separate ways and make your own selections. A bookstore gift certificate is a nice way of saying, "You choose".
4. Build on your teen's interests. Look for books and articles that feature their favorite sports teams, rock stars, hobbies, or TV shows. Give a gift subscription to a special interest magazine.
5. View pleasure reading as a value in itself. Almost anything your youngsters read — including the Sunday comics — helps build reading skills.
6. Read some books written for teens. Young adult novels can give you valuable insights into the concerns and pressures felt by teenagers. You may find that these books provide a neutral ground on which to talk about sensitive subjects.
7. Make reading aloud a natural part of family life. Share an article you clipped from the paper, a poem, a letter, or a random page from an encyclopedia — without turning it into a lesson.
8. Acknowledge your teen's mature interests. Look for ways to acknowledge the emerging adult in your teens by suggesting some adult reading you think they can handle.

- Literacy and Numeracy Team
As the end of 2014 fast approaches, student of the Technology & Applied Studies are as busy as ever. With reporting time upon us, students are completing a vast array of practical projects across various subjects. Student portfolios have also been submitted for assessment.

Stage 4 Technology students have enjoyed many new experiences within the workshops, kitchens and textile laboratories. Enthusiasm within our students is noticeable as they take their creative design projects home.

Stage 5 Industrial Technology Timber students are currently putting their final touches on their Pendulum Wall Clock cabinets while students studying Metal Technology are currently engaged in learning and applying MIG welding techniques to their BBQ’s they are constructing. Fitting and machining skills are to follow as rotisserie components are focussed upon next. This week, many parents of our Year 9 students have claimed ownership over the structurally sound step ladders and BBQ fork also made by our students!

Some wonderful food products have also been produced this term with our students actively engaged in various challenging recipes. This week Year 10 students have created a production line to produce café style Turkish sandwiches. Year 9 Food Technology students have recently produce buffet finger food and demonstrated marvellous cake decorating skills.

Our Year 11 VET students are continuing to achieve set competencies in both Construction and Hospitality courses. Construction students are currently involved in concreting tasks while those in Hospitality have in the last two days accomplished braised lambs shanks and pinwheel sandwiches. We wish our Hospitality students all the very best as they embark on their final work placements in the coming week. Placements included our students working at the Raddison Blu Sydney, Galston Club, Flower Power and The Wild Pear Café.

Stage 6 Industrial Technology students anxiously await their HSC Major Project results. Keeping up the tradition of those before them, our students have manufactured some magnificent pieces of furniture from both local and imported hardwoods.
Passionate about creativity, talent, beauty & taste? It’s all here!

Arcadia Markets
Saturday 15 November 2014 8am - 3pm

Arcadia Public School 140 Arcadia Road, Arcadia
www.arcadiamarket.com.au

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