On Wednesday, April 30th Galston High School commemorated ANZAC Day at a special assembly. Everyone who attended the assembly found it to be a solemn remembrance of the soldiers who have served and died for Australia.

For the first time, we included in our service a catafalque party. This is a mark of respect and signifies that the dead are now at peace. Three of our students, Odessa Jones, Zac Daniels and Jake Poimer, who are cadets, marched in at the start of the assembly and then stood at guard for the assembly.

During the ceremony, Annabelle Pearce and Harry Trethowan of Year 10, reflected on their studies of the Gallipoli campaign and Jolene and Kayla Brown gave the acknowledgement of country.

We had many special guests attend our ceremony and we were able to hear Mr Vin Cosgrove, speak about the parallels of the ANZAC’s and Vietnam Veterans experiences of war. The Rowland Village Choir performed a medley of songs, reflective of war time experiences and all members of the audience enjoyed this.

I would also like to thank the The Hills Pipe Band, who played at the beginning of the assembly.

This assembly is a special part of the school’s calendar and I would like to thank all the staff, students and community members who assisted in the planning and presenting of the assembly.

We are now looking to next year, to commemorate 100 years since the ANZAC legend was born.

Following are some photographs from the ceremony.
Ms. Jillian Tourlas  
Principal Galston High School  
GALSTON.

Dear Ms. Tourlas,

Having enjoyed today’s visit to Galston High School, I cannot resist congratulating you, the staff and the students of the school for a most enjoyable experience. As a previous headmaster I realise that the high level of behaviour and involvement shown, reflects effective and sympathetic leadership from you and the staff – a response not forced upon them but in which they all participated.

There was apparent a degree of involvement in the serious matter of remembrance that is so rare these days, a spirit of togetherness and unity.

What also stood out was the imaginative, genuine conversational skills many of the older students showed as they engaged the visitors in quite animated conversation.

I must also say that these impressions were echoed by other visitors so I simply want to pass on these congratulations. I would add that the teachers with whom I was able to have conversation were enthusiastic about their teaching and what is being achieved in the school.

Congratulations and best wishes,

Richard Udy
Upcoming Events

This Week

Monday 12 May
Crossroads Camp
Year 9 PASS Self Defence (during class)

Tuesday 13 May
Crossroads Camp
NAPLAN

Wednesday 14 May
Year 12 Drama Excursion
Crossroads Camp
NAPLAN

Thursday 15 May
Crossroads Camp
NAPLAN

Friday 16 May
Crossroads Camp
Year 9 PASS Self Defence (during class)

Sunday 18 May
Young Women in Harmony - Showcase Concert at Sydney Olympic Sports Park

Next Week

Monday 19 May
Zone Cross Country
Year 9 PASS Self Defence (during class)

Tuesday 20 May
P&C Meeting
Vaccinations
White Card Training - Draper

Wednesday 21 May
Year 11 Biology Excursion - Longneck Lagoon - Tucker
Extension Class Test
9.30 - 12.30pm - Lanske
Year 12 Author visit pds 3-4 - Prior

Thursday 22 May
Prefect Nominations Due

Friday 23 May
School Athletics Carnival - Smidt

Sunday 25 May
Bronze D of E Practice

Still to Come

Monday 26 May
Year 11 Construction Work Placement
Bronze D of E Practice
Year 9 PASS Self Defence (during class)
SRC Battle of the Buskers (lunchtime) - Andrus

Tuesday 27 May
Year 11 & 12 Parent/Teacher Night
Year 11 Construction Work Placement
School Athletics Carnival Back Up
SRC Battle of the Buskers (lunchtime) Andrus

Wednesday 28 May
Year 11 Construction Work Placement
SRC Battle of the Buskers (lunchtime) Andrus
SRC Onesie Mufti Day - Andrus

Thursday 29 May
Year 11 Construction Work Placement
SPC Battle of the Buskers (lunchtime) Andrus
Year 7 & 8 Debating - Meier

Friday 30 May
Prefect Speeches
Year 11 Construction Work Placement
Year 9 PASS Self Defence (during class)
SRC Battle of the Buskers (lunchtime) Andrus
SRC Movie Night - Andrus

Homework Club

Homework Club will be held every Wednesday in the Library from 3.15 - 4.15pm.
Come along for help with homework and assignments.
Afternoon tea will be served!
Teachers from Maths and English will be available to assist you. All students and staff welcome.
We look forward to seeing you all there.

Proudly supported by Bendigo Bank
PD/H/PE so far...
The PD/H/PE Faculty has had a busy and exciting year so far. Sunny days, warm sunshine (until Winter hit!) and children running around learning new skills. Years 7 – 10 have been engaged in learning and consolidating their practical development in a variety of different activities. We are currently preparing for the school athletics carnival which involves participation in all components of track and field. The upcoming athletics carnival is always an exciting event as it caters for all abilities and there is always some exciting competition.

In the classroom students have debated many personal development issues covering one’s self of sense, adolescent health issues, general wellbeing and many more related topics. The theory side of our subject allows for much discussion on relevant issues facing teenagers today.

The Year 9 PASS classes (Physical Activity and Sports Studies) have just embarked on a six week self defence program being taken by Mr John Gill of the Australian School of Self Defence. Mr Gill is himself an eleven times World Champion in his field and is a 5th Dan Master in Hapkido. He employs the RAD philosophy – RECOGNISE a potential threat to you, AVOID at all times and DEFEND if necessary. Our students will benefit from increased self confidence, better health, reduced stress levels and develop the skill and ability to defend against assault, abduction and domestic violence.

Year 10 PASS classes are looking forward to their Snowsports excursion at Perisher Blue and have been learning about physical fitness requirements for such a demanding physical sport. Term Two for these students will be all about developing the appropriate fitness. Many students have never seen snow and are in for a real treat!

Year 11 and 12 are working hard in their respective courses, with not much time remaining for Year 12 before the HSC. Year 11 are very excited about their upcoming Crossroads camp at Berridale where they will be faced with a variety of challenges, including walking up Mt Kosciuszko, an assault course, raft building and many more exciting activities.

The Fitness Laboratory has proven to be a success with students utilising this fabulous facility in the mornings before school as well as sometimes in inclement weather. The Fitness Laboratory offers weights machines, a cardio room and a dance studio which can be utilised for dance, yoga, pilates or boxing.

The remainder of the year will also be very busy with more Duke of Ed hikes, Recreational Sports, Water Sports excursion and the core learning of physical skills. The PD/H/PE faculty always has a busy timetable developing Galston High School students to be the best they can be in a variety of ways and look forward to continuing this throughout the year.
Keenan Vale of Year 8
A NSW Millenium Marching Band Representative

ON Anzac Day Keenan Vale of Year 8 represented Galston High School as a member of the NSW Public Schools Millennium Marching Band which is conducted by Mrs Andrus. Keenan braved the cold, pouring rain to join the 100 piece ensemble who marched through the main streets of Sydney in the Sydney ANZAC Day Parade.

This is a huge event for the residents of Sydney and the parade is seen by thousands in the streets and tens of thousands on the ABC broadcast. The Millennium Marching Band has the privilege and honour of marching with our current and ex-servicemen and women each year at this important event. Keenan is a fantastic representative of Galston High School as a member of the MMB drumline.

SRC Upcoming Events...

Battle of the Buskers - Term 2 Week 5

Battle of the Buskers is a week where Galston students have a chance to show off their talents. At lunch time on Monday, Tuesday and Wednesday we will have 4 or 5 performances and students get to vote for their favourite performer or group.

On Friday the winners from each day will compete for the title of Champion Busker and first prize. The prizes will be a $75 Myer voucher for first, a $50 voucher for second and a $25 voucher for third.

Students interested in being involved in Battle of the Buskers can sign up outside the Music staffroom.

Events during Battle of the Buskers
Monday – Milkshake Monday
Tuesday – Taco Tuesday
Wednesday – Wear What You Want Wednesday
Friday – Finals Friday with a sausage sizzle BBQ and SRC Movie Night

On each day during lunch the above mentioned items will be on sale.

SRC Movie Night
Date: Friday 30 May
Venue: Galston High Hall and HSIE rooms
Tickets: On sale in the quad from the start of week 4
Times: Dinner at 6pm, Movies 7:00pm – 8:45pm

Details:
• We will be showing two movies – one M and one PG rated movie
• Entry price will include pizza and a can of drink
• GHS students bring your sleeping bags and something comfy and enjoy a movie with your friends

All funds raised at this event will go towards projects to benefit GHS students with a focus on bus bay shelters.
SUMMER GRADE SPORT

Congratulations to our 3 premiership winning teams namely the girls A Handball, girls A and B Touch teams. The B grade touch side set the tone for the afternoon on 2nd May with a spine tingling 3-2 win over Carlingford High. Their opponents were top of the table and undefeated throughout the season, but after their convincing 2-0 semi final win in atrocious conditions the self belief in the side was on the rise. Galston scored first through a strong run from Jordan Lozina after excellent ground had been gained by Tiarna Davies and Kari Fontanel with their accurate dumping and acting half play. Carlingford hit back almost immediately down the right side of the field and the scores were all tied up a one a piece. Our defence was fluctuating, but, Millie Kooistra on the wing was a standout making numerous try saving touches just as she had in the round game at the same venue. Ella Horton in the link position leading into halftime started to dominate the danger player from Carlingford with her strong shutdown defence and this was to have a significant bearing on the final result. Kyra Hookham scored the try of the game by straightening and sprinting to the line after being wrapped by Amber Foley who as usual was having a very busy game. The halftime score line of 2-1 was a winning one if only our defence was fool proof, but it wasn't as shortly after Carlingford slice through to score the equaliser. A drop off looked imminent despite the quick hands of Rosie Horne which gave her outside players Emma Medcalf in her first season of Touch was a major improver and her blistering pace set up a great try for Isabella Stout who showed great support play on the far wing which was fortunate as Georgia believed she was acting half when she actually wasn’t (an area which still needs to be worked upon in the future). Another dump and scoop try orchestrated by Maddy, Sam and Shivana only seconds before half time to secure us a 6-4 halftime lead was a decisive play and a huge morale booster. The 5 minute break was desperately needed with Sam's back injury making an untimely return which meant we were effectively one link down with most other players showing the effects of not playing for a couple of weeks due to the holidays.

Fortunately Brooke McCarthy and Hannah Thornton who had also been a part of that Cherrybrook grand final defeat the previous season had plenty to play for and were in their best form as the match moved into it’s final quarter. Claire Byrne who had repeatedly throughout the season revealed herself as a player of the future continued to show experience beyond her years as she took the right options under pressure in both attack and defence. Monique Bailey left her most decisive game to last and with unlimited enthusiasm was an inspiration in both attack and defence (despite the involuntary roll ball)It was the leadership shown by our captain Maddy Graham in the end and her combinations with Shivana and Sam which provided us with the winning edge enabling a final 9-7 score line in a worthy finale to the season. A huge ‘thank you’ to Maddy for her many seasons of service to the sport especially during her final year at school where juggling schoolwork and overcoming a debilitating illness has certainly revealed her resilience. Bring on Spring sport where we can defend our titles!

WINTER SPORT

Fitness First

The opportunity for Year 11 students to again participate in the worthy program at Castle Towers has just become available. For the sport to run we require a minimum of 25 participants who have completed the required paperwork and paid $55 to the fees office for the winter season. The final deadline will be Thursday 15th May so if keen to get this sport back on our schedule year Year 11 get organised now!

The Winter sport season will commence on Thursday 22nd May and it is important that all bus fares have been paid as students have now travelled on buses on Thursday afternoons for the full Summer season. Coaches will be reluctant to select players who won't be able to travel due to lack of payment so please contact the fees office and organize an extended payment plan if financial difficulties are being experienced.
**SCHOOL CROSS COUNTRY**

On Wednesday 19th March the school cross country carnival was held in good conditions on the testing course beyond Hayes Park. It was a tough initiation for Year 7, but they acquitted themselves well with a few bright new stars arising. It was also great to see the large number of enthusiastic 17 year old boys involved with their race being the best supported overall. Congratulations to the following age champions:

- **12yrs** Victoria Cullen, Nick Thomson
- **13yrs** Danielle Cook, Joshua Webb
- **14yrs** Sophie McDonald, Callum Trethowan
- **15yrs** Shivana Mudaliar, Oliver Clarke
- **16yrs** Emily McCauley, Matthew Jeffrey
- **17yrs** Sara Mills, Viraj Mudaliar
- **18yrs** Erica Harris, Alex Torville

Final house points were Knights 133, Vikings 182, Samurai 188 and the Spartans taking out the event with 212 points!

**KURING-GAI ZONE CROSS COUNTRY**

Good luck to all our participants at the zone carnival on Monday 19th May at St Ives showground. A reminder that participants need to be at school at 7.45am for an 8.00am departure dressed in full sports uniform. Considering this is our largest representative team of the year with in excess of 100 runners and cross country results are based on participation it is vital that all qualifiers attend. A reminder that a mini-bus has been organized for our senior students so they can return to school once they have raced.

**YEAR 8 SPORT**

A reminder that during Terms 3 and 4 Year 8 Sport is scheduled to utilise the facilities of the local community during their double lesson. For students to attend this valuable program they need to have paid the sports fee which covers venue and bus costs. If an extended payment plan is required please contact the fees office so this can be organised.

**EUROPEAN HANDBALL PREMIERS**

Galston’s A grade European Handball Girls were triumphant over Cherrybrook High at the Grand Finals held on Thursday 1st May. With a victory of 8 vs 3, it was easily the best game played by the team this season.

The game started with Kayla Brown scoring the first goal of the game within the first two minutes of play. The plan for the first half was stay on the attack and get as many goals as possible. Everything nearly went according to plan though we did sustain two injuries that saw Jolene Brown and Elise van den Elzen out for the rest of the game and the score was 7 vs 1 at the end of the first half. A big thank you is owed to Chloe Skewes-Weir from the B team for subbing on when we had no reserves.

The second half’s objective was to play a defensive game and maintain the strong lead. With the efforts of the talented goal Keeper Melissa Pellizon, Cherrybrook was only able to score two more goals. With five minutes to go Cherrybrook seemed ready to call the game and Kayla was able to score again solidifying the 8 vs 3 win.

The coach Mrs McKay would like to congratulate Jasmine Blanco, Jolene Brown, Kayla Brown, Maddy Mckaughan, Alyssa Micaleff, Annabel Manoleras, Melissa Pellizon, Shirona Thompson, Daisy Trethowan, and Elise van den Elzen on their amazing undefeated season and victory.

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**Red Shield Appeal Doorknock 2014**

The Red Shield Appeal is The Salvation Army’s primary annual fundraising drive. The Red Shield Appeal Doorknock takes place on the weekend of 24-25 May 2014, and it offers Australians from all walks of life a chance to not only get behind the Salvos but to be part of transforming the lives of people right around the country.

If you are interested in participating, you can go to the following website link:


OR

Use the QR code

OR

Talk to Miss Petrulis

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Ku-ring-gai Council and KYDS invite parents of teens to an Alcohol Fuelled Violence Forum with Michael Christie (Father of Coward Punch victim Daniel Christie)

**Monday 12 May from 6.30pm - 8.30pm**

(registration from 6:15pm)


Discussion around risk factors associated with alcohol fuelled violence and ways to keep our young people safe. The evening will also investigate other drivers of youth violence and what can be done!
Dear Mrs Tourlas,

I just wanted to take the opportunity to personally thank you for the opportunity presented to the GHS Equestrian Team members yesterday at their training day. Being our first year at GHS I wasn't really sure what to expect but the day was just fabulous. The instructors were all very highly qualified and were able to relate to each and every rider despite their age or ability levels. The venue was ideal for the structure of the day and the brilliant weather only enhanced what was already a great day.

Not only did the girls gain a lot from their three lessons but it was a great opportunity for them to get to know each other and form friendships based on their similar interests. The day ran very safely and smoothly, we are so fortunate to have dedicated staff members like Mrs Pike and Miss Arnold who organised the day. It was also great value for money given the high level of tuition provided.

So, a very big thank you! We look forward to being able to participate in more of these days in the future.

Kind regards,
Celia and Courtney Bowd

Dear Galston High School,

Today my daughter Amanda and her friend Kellie took our two horses to the school equestrian training day. The weather was beautiful and the girls really enjoyed themselves while they learnt a lot of new skills and tips. This is the first time we have had the opportunity to go to this type of event, and I just wanted to say thank you to the school for supporting days like this, and for all the effort teachers have to go to both before the event, and on the day to make it so successful. I felt very proud today that my daughter attends a school that facilitates this type of extra curricular activity.

Many thanks,
Karen Todman
Dear Ms Toulas,

Thank you for allowing Wendy Pike and Jade Arnold to be absent from the classroom and for supporting an Equestrian Training Day at Hawkesbury grounds.

Allowing these training days is unique in the Public School system and we appreciate the support of Galston High, to facilitate this opportunity to the Equestrian Team students. It was also a factor in the decision making, in our preference, for Isabella to attend Galston High School.

Training days such as these are very beneficial to the riders, as in the “horse world” there are competitions of all disciplines held each week. Isabella, along with a few other students, will be riding and representing their Pony Club at Hawkesbury Show this Friday. In addition, Isabella has a Combined Training event on Sunday, to which the training day was beneficial, as the disciplines she will ride were covered.

Again thank you, for your personal and the School’s support.

Regards,
Kerry Cofrancesco
(Isabella Cofrancesco Yr 10)
Letter to Parents

In May 2014 the National Assessment Program – Literacy and Numeracy (NAPLAN) will be completed by students in Years 3, 5, 7 and 9. NAPLAN has the support of all State and Territory Education Ministers and will assess the literacy and numeracy skills of students across Australian schools.

The results of the tests will provide important information to schools about what each student can do, and will be used to support teaching and learning programs. Parents will receive a report indicating their child’s level of achievement. Each student’s level of achievement will be reported against the national minimum standard.

Background information (student name, gender, date of birth, language background and Aboriginality) will be collected as part of the National Assessment Program. This information is treated confidentially and held securely to ensure that every student’s right to privacy is maintained.

The NAPLAN tests will be conducted from 13 - 15 May 2014.

<table>
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<tr>
<th>TUESDAY 13 MAY</th>
<th>WEDNESDAY 14 MAY</th>
<th>THURSDAY 15 MAY</th>
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<tbody>
<tr>
<td>Language Conventions (Spelling, Punctuation and Grammar)</td>
<td>Reading</td>
<td>Numeracy (Number, Algebra, function and pattern; Chance and data; Measurement and Space)</td>
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<tr>
<td>Writing</td>
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In the Numeracy tests students do not require any measuring tools such as rulers or protractors. In Years 7 and 9 there will be two Numeracy tests: one where a calculator is allowed and one where calculators are not to be used. For the calculator test, the student should use the calculator that they currently use at school.

In 2014, as in previous years, the Writing task will be a single common task for all students. The 2014 Writing test will require students to respond to either a persuasive or narrative Writing prompt. However, the genre of the prompt will not be disclosed prior to the test period.

Wherever possible, schools will organise for individual students who are absent at the time of testing to complete missed tests at another time during testing week. Individual students are not permitted to sit tests after Friday 16 May 2014.

Students may be considered for exemption from the tests if:
- they are newly arrived in Australia (less than one year before the test) and with a language background other than English, or
- they have significant intellectual disability and/or significant co-existing conditions which severely limit their capacity to participate in the tests.

All other students are expected to participate in the tests. Disability adjustments which reflect the student’s normal level of support in the classroom may be provided. Large print, Braille, coloured paper versions and electronic tests are available to meet the needs of individual students.

Access to disability adjustment or exemption from the tests must be discussed with the school Principal and a parent or carer consent form must be signed. Students may be withdrawn from NAPLAN by their parent or carer. This is a matter for consideration by parents in consultation with the Principal. If you wish to withdraw your child from the tests, a parent or carer consent form must be signed.

Please make an appointment with the Principal of the school your child attends if you would like to discuss your child’s participation in NAPLAN.

Additional information about NAPLAN can be found at [www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html](http://www.nap.edu.au/NAPLAN/Parent_Carer_support/index.html).
Fire & Rescue NSW is hosting its annual Open Day on Saturday 17 May 2014 between 10:00am and 2:00pm. You are invited to watch fire safety demonstrations, extrication techniques for road crashes (cutting up vehicles) hop aboard a fire truck, learn about becoming a fire fighter and get an information bag while chatting with fire fighters about fire safety and what they do.

Winter is just around the corner and it’s the worst time of the year for house fires, so come along and learn as much as you can.

This is a fantastic opportunity for young people and their parents to meet their local fire fighters and learn as much as you can about home fire safety.

Don’t leave fire safety to chance this winter – click on this link - 2014 Open Day Participating Stations to find your local Fire Station and join us on Saturday 17 May 2014.