Year 7 Camp Highlights...
Upcoming Events

This Week

Monday 23 February
Year 12 Construction Workplacement
Ku-ring-gai Zone Swimming

Tuesday 24 February
Year 12 Construction Workplacement
SRC Induction Ceremony

Wednesday 25 February
Year 12 Construction Workplacement
Year 7/8 vaccinations Girls Knock Out Touch

Thursday 26 February
Year 12 Construction Workplacement Individual All School Triathlon

Friday 27 February
Year 12 Construction Workplacement Team All Schools Triathlon

Next Week

Sunday 1 March
Gold Duke of Ed

Monday 2 March
Gold Duke of Ed

Tuesday 3 March
PHHS Open Night Gold Duke of Ed

Wednesday 4 March
Open Day
Years 7 - 10 Rugby League Gala Day - van Baarle Gold Duke of Ed

Thursday 5 March
Gold Duke of Ed

Friday 6 March
Gold Duke of Ed

Still to Come

Monday 9 March
Year 12 Encore pds 3-6 - Andrus Girls Open Water Polo ICO

Tuesday 10 March
16yr Girls Soccer - Byfield

Wednesday 11 March
Boys Softball Trials

Thursday 12 March
Yr 7 Selective HS Placement Exam 2016 Year 11 Hospitality Operations Placement pds 1-3 - Draper/Gray

Friday 13 March
Castle Hill Show Year 7 Castle Hill Show Excursion Senior Boys & Girls Indoor Soccer

Saturday 14 & Sunday 15 March
Castle Hill Show

Homework Club

Homework Club will resume on Wednesday 25th February.
Students are welcome to attend from 3.15pm until 4.15pm in the Library.
In the event that supervision is unavailable and homework club is cancelled, students should check the Library window each Wednesday.
Come along for help with homework and assignments.
Afternoon tea will be served!

Rehearsals have started for Galston High School’s 2015 Musical Back to the 80s and we have a fantastic cast of students working hard at rehearsals each week.
Rehearsals are Thursdays 3:30pm-5:30pm and Friday 7:30am-8:30am for all cast members and Tuesday 7:30am-8:30am for leads.

2015 Musical Dates:
GCoS Matinees at 11:00am - Wednesday 22 July, Thursday 23 July and Friday 24 July
Public shows - Friday 24 July at 7:00pm, Saturday 25 July at 7:00pm and Sunday 26 July at 2:00pm
Valentine’s Day...

On Thursday 12th of February Year 12 spread the Valentine’s Day love delivering roses, cupcakes and serenades to GHS students. Year 12 had a fantastic day and would like to thank everyone who ordered a rose, cupcake or serenade for their valentine.

We raised an amazing $633.40 which will go towards our gift to the school and charity.

On behalf of Year 12 – Happy Valentine’s Day!!!
Coming Soon...

The SRC will be celebrating Harmony Day at Galston High School with an assembly on Tuesday 17th March and a themed mufti day with lunch activities on Monday 23rd March.

Harmony Day is a chance for Australians to celebrate the cultural diversity of our country. Multiculturalism is in Australia's national interest and speaks to fairness and inclusion. It enhances respect and support for cultural, religious and linguistic diversity. Our cultural diversity is one of our greatest strengths and is at the heart of who we are.

The central message for Harmony Day is that ‘everyone belongs’, reinforcing the importance of inclusiveness to all Australians and the SRC are excited to share this message with the students of Galston High School.

GHS Concert Band...

Concert Band rehearsals have started for 2015.

If you would like to be part of the GHS Concert Band, please come to rehearsals on Monday mornings in Music room 2, 7:45am-8:30am.

We are looking for new members who play woodwind, brass and percussion. We also need a new keyboard player.

See you next Monday!

SRC - World’s Greatest Shave...

The SRC has started organising one of our major events for 2015. If you would like to be ‘Brave and Shave’ your head this year, or dye your hair to support the Leukaemia foundation we are excited to support you.

It is easy to join the GHS team either:
Go to http://my.leukaemiafoundation.org.au/GHSBraveandshave
and sign up as a member of the GHS group or
Go to www.worldsgreatestshave.com
Select: Sign up → I’m new → State → Join a team → Team name: Galston High

We will be inviting hairdressers to school at lunch on Wednesday 25 March. If you would like to be involved please sign up today so you can start fundraising.

If you have any questions please see your SRC representative or Mrs Andrus.
Italian Language Education in NSW

In October 2014, I attended the Italian Teachers Conference. Enri Parolin, the Italian Language Officer from the New South Wales Learning and Leadership Directorate (Secondary), outlined the state of Italian in Australia today. It is interesting to note the strength of demand for Italian 70 years since post-war migration of Italians to our shores.

Internationally, Italian is the 4th most widely studied language. Nationally, it is the 2nd most studied language. In New South Wales, it is the 4th at HSC level. Australia has the largest number of Italian students outside Italy. Economically, Italy is in the G20, now in about 10th place. Nationally, there are one million people of Italian background of whom 150 000 are holders of Italian passports. 20 000 young Italians came to Australia on working holiday visas in 2014 (source: ABS).

Internationally, there are 200 million speakers of Italian.

In the Galston area, 1.5% of the population were born in Italy, among the top 5% of residents born overseas, with 2.3% who have Italian as their first language (source: 2011 Census).

In 2014, Galston High School students, completing the Higher School Certificate Italian Beginners’ course, achieved above the state average overall, as well as recording above the state average in 12 of the 19 written exam questions. With determination and hard work, as well as a love of learning Italian, these students, who were not of Italian background, were able to perform very well. One of these students has enrolled in a Bachelor of International Studies at university and continues to study Italian.

Language study at school is the beginning of a journey, the destination of which is usually not known. However, it can be a very powerful tool to incorporate into everyday life and future careers. As the statistics above clearly indicate, Italian is still a very modern foreign language.

Michelle Bacash
LOTE Teacher

A Wet Year 7 Welcome Breakfast BBQ...
It has been a busy first few weeks back at school for the prefect team, and we are looking forward to getting underway with some exciting events coming up this term at Galston High School.

At the end of last year, our school (including many staff gifts) made donations at Christmas time to support our local Salvation Army support our local community. We would like to continue this partnership in 2015.

On 30th May, the annual Red Shield Door Knock appeal will be happening. Our plan is to get a team of Prefects, SRC, House leaders and House groups organised to be a part of this event. Our ideal dream would also be to have a team of teachers. Over the next few months, we will be talking to the SRC, House leaders and staff about making this a reality. We would like students to start thinking about lending just 1 or 2 hours of your time to make a difference. You never know when you might need this help.

On Wednesday the 4th of February our Year 7’s and the Year 10 peer support leaders set off on camp for three days of team building and relationship strengthening fun. They participated in activities such as high ropes, rock climbing and abseiling, and after speaking to some of the students about their time, we know it will be an “experience they will never forget.” Emily of Year 7 shared some of her experiences with us: “Year 7 camp was an amazing experience for everyone! It was a real test on your fears and your true friendships! First I had rock climbing and it was super high (10 meters) and I couldn't have gotten 3/4 of the way without all the support I had for me on the ground. All my friends and classmates really helped me to get there they also helped me with abseiling as I was super scared. All my friends were cheering me on as I was going down the wall! I couldn't have done it without them! All the support of my friends and the teachers really made the camp super enjoyable! Year 7 camp was absolutely amazing and an experience I will never forget!!

Emily Dollar.

We hope Year 7 had a great time.

Thursday last week, GHS celebrated Valentines Day! A big thank you on behalf of Year 12 to Mrs Andrus, who organised the roses, cupcakes and musical groups which went around to classes on Thursday to share the Valentines spirit. We hope all of the students and staff enjoyed the array of treats and corny love songs, we definitely enjoyed bringing them to you! We are very proud to have given all profits to our chosen Year 12 charity. We raised a total of $633.40. A big thank you to everyone who got involved.

With this year marking the 100th Anniversary of the ANZAC landing at Gallipoli, the planning for this year’s Anzac Day Ceremony at Galston High is highly important to remember those that fought and those who died in the Gallipoli Campaign. This year we are planning to make this event something to remember with the help of the SRC and the House Leaders. Not only have we started planning for this event, we are also preparing to be a part of the Anzac Day ceremonies in the local area.

A reminder to all students that if you or someone you know has accomplished or achieved something you think the school ought to know about, we would love to hear from you! Approach any of the prefects at school about what you have been getting up to so we can share your efforts with the wider community, and display the huge amounts of talent we have here at Galston.

We hope to hear from you soon!
Parents and Citizens Association
Canteen Menu 2015 – Term 1

PRODUCT CLASSIFICATIONS - as per the Healthy Canteen Guidelines
 Product is Classified Green by NSW Canteen Assoc. and should be consumed daily.
 Product is Classified Amber by NSW Canteen Assoc. and should be consumed only twice a week.
 Product is Classified Red by NSW Canteen Assoc. and should be consumed only once a term.

<table>
<thead>
<tr>
<th>Hot Food</th>
<th>Drinks</th>
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<tbody>
<tr>
<td>Chicken chilli strips 1.50</td>
<td>Hot chocolate 1.00</td>
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<tr>
<td>Chicken breast fillet 2.00</td>
<td>600 ml flavoured milk 3.00</td>
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<tr>
<td>Hot ham and cheese rolls 2.00</td>
<td>300 ml flavoured milk 1.50</td>
</tr>
<tr>
<td>Hot cheese rolls 1.50</td>
<td>600 ml plain milk 2.00</td>
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<tr>
<td>Garlic bread .50</td>
<td>300 ml plain milk 1.00</td>
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<tr>
<td>Noodles 2.00</td>
<td>Breaka milk popper 1.00</td>
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<tr>
<td>Pizza subs – meat lovers, ham &amp; pineapple 2.50</td>
<td>Up &amp; Go - chocolate, vanilla ice 2.00</td>
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<tr>
<td>Mini pizza – BBQ chicken, ham, cheese 1.50</td>
<td>Juice Orchy bottle 375ml 2.00</td>
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<tr>
<td>Spinach and ricotta rolls 2.50</td>
<td>Just Juice popper 200ml 1.00</td>
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<tr>
<td>Burgers – chicken, beef &amp; cheese 5.00</td>
<td>Appletiser can 2.00</td>
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<tr>
<td>Pies – beef, cheese &amp; bacon, potato 3.50</td>
<td>Juice bomb can 2.00</td>
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<tr>
<td>Sausage rolls 2.50</td>
<td>Coke zero can 2.50</td>
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<tr>
<td>Sauce – BBQ, tomato, sweet chilli 0.20</td>
<td>Nestea 3.00</td>
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<td></td>
<td>Pump water flavoured 2.00</td>
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<td>Pump water plain 2.50</td>
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<td>Mt Franklin 2.00</td>
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<thead>
<tr>
<th>Cold Food-Recess</th>
<th>Cold Food-Lunch</th>
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<tbody>
<tr>
<td>Plain buttered rolls 1.00</td>
<td>Rolls: salad 3.00</td>
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<tr>
<td>Rolls: salad</td>
<td>chicken &amp; salad 4.00</td>
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<tr>
<td>ham &amp; salad 4.00</td>
<td>chicken, lettuce &amp; pesto 4.00</td>
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<td></td>
<td>chicken, lettuce, mayo 4.00</td>
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<tr>
<td></td>
<td>chicken &amp; salad 4.00</td>
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<tr>
<td></td>
<td>ham &amp; salad 4.00</td>
</tr>
<tr>
<td>Sushi - chicken, tuna, vegetable 3.00</td>
<td>Cold Food-Lunch</td>
</tr>
<tr>
<td>Recess items available lunch</td>
<td>Rolls: salad 3.00</td>
</tr>
<tr>
<td></td>
<td>beef, lettuce &amp; pesto 4.00</td>
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<td></td>
<td>chicken, lettuce, mayo 4.00</td>
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<td></td>
<td>chicken &amp; salad 4.00</td>
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<td></td>
<td>ham &amp; salad 4.00</td>
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<td></td>
<td>Sushi - chicken, tuna, vegetable 3.00</td>
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<table>
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<tr>
<th>Lunch Order Only</th>
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<tbody>
<tr>
<td>Rolls/Wraps:</td>
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<tr>
<td>salad 3.00</td>
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<tr>
<td>beef &amp; salad 4.00</td>
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<tr>
<td>tuna &amp; salad 4.00</td>
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<tr>
<td>chicken &amp; salad 4.00</td>
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<tr>
<td>beef or tuna &amp; salad 4.00</td>
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<tr>
<td>Salad box with dressing 3.00</td>
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<tr>
<td>Salad box with beef, chicken, ham or tuna 4.00</td>
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Please note
ALL LUNCH ORDERS IN CANTEEN BEFORE PERIOD 1
Chatter Over a Platter

Galston High School Quadrangle
Saturday Night
21st March, 2015
From 6:30pm

Meet and chat!
• Our Principal, Jillian Tourlas
• Our Deputy Principals and Teachers
• Other Parents and Carers
• The President of our P&C

Bring a platter to share and your own drinks!
Responsible consumption of alcohol is permitted.
*This is an adult only event, participants must be 18 years or over.

The Mother’s Day Classic – 10 May 2015
Parramatta Park or The Domain

Get ready to celebrate a classic Mother’s Day!

Registration opened in December 2014 for Australia’s biggest breast cancer research event, the annual Women in Super Mother’s Day Classic.

Every Mother’s Day for the past 17 years, Australians have walked or run to fund research and honour those who have been diagnosed with breast cancer.

At the 2014 Mother’s Day Classic more than 135,000 participants in 97 events around the nation and on overseas military bases raised $4.5 million, bringing the overall total raised to $24.3 million.

Register now at:

This year’s event is being held on Sunday 10 May 2015, and is open to all ages and fitness levels, so there is something for everyone, whether you want to participate or simply come along and support.

More than a quarter of a million people have participated in past Mother’s Day Classic events, and you can too this year by registering at www.mothersdayclassic.com.au

The Mother’s Day Classic was established in 1998 by Women in Super.

Women in Super continue to organise the event. Since Women in Super initiated the event in 1998, survival rates for women diagnosed with breast cancer have increased to 85%.

ME Bank has proudly supported the Mother’s Day Classic as the major sponsor since 2005.
Compulsory School Attendance
Information for parents

Education for your child is important and regular attendance at school is essential for your child to achieve their educational best and increase their career and life options. NSW public schools work in partnership with parents to encourage and support regular attendance of children and young people. When your child attends school every day, learning becomes easier and your child will build and maintain friendships with other children.

What are my legal responsibilities?

Education in New South Wales is compulsory for all children between the ages of six years and below the minimum school leaving age. The Education Act 1990 requires that parents ensure their children of compulsory school age are enrolled at, and regularly attend school, or, are registered with the Board of Studies, Teaching and Educational Standards for homeschooling.

Once enrolled, children are required to attend school each day it is open for students.

The importance of arriving on time

Arriving at school and class on time:

- Ensures that students do not miss out on important learning activities scheduled early in the day
- Helps students learn the importance of punctuality and routine
- Give students time to greet their friends before class
- Reduces classroom disruption

Lateness is recorded as a partial absence and must be explained by parents.

What if my child has to be away from school?

On occasion, your child may need to be absent from school. Justified reasons for student absences may include:

- being sick, or having an infectious disease
- having an unavoidable medical appointment
- being required to attend a recognised religious holiday
- exceptional or urgent family circumstance (e.g. attending a funeral)

Following an absence from school you must ensure that within 7 days you provide your child’s school with a verbal or written explanation for the absence. However, if the school has not received an explanation from you within 2 days, the school may contact you to discuss the absence.

Principals may decline to accept an explanation that you have provided if they do not believe the absence is in the best interest of your child. In these circumstances your child’s absence would be recorded as unjustified. When this happens the principal will discuss their decision with you and the reasons why.

Principal may request medical certificates or other documentation when frequent or long term absences are explained as being due to illness. Principals may also seek parental permission to speak with medical specialists to obtain information to collaboratively develop a health care plan to support your child. If the request is denied, the principal can record the absences as unjustified.

Travel

Families are encouraged to travel during school holidays. If travel during school term is necessary, discuss this with your child’s school principal. An Application for Extended Leave may need to be completed. Absences relating to travel will be marked as leave on the roll and therefore contribute to your child’s total absences for the year.

In some circumstances students may be eligible to enrol in distance education for travel periods over 50 school days. This should be discussed with your child’s school principal.
My child won't go to school. What should I do?

You should contact the principal as soon as possible to discuss the issue and ask for help. Strategies to help improve attendance may include a referral to the school’s learning and support team or linking your child with appropriate support networks. The principal may seek further support from the Home School Liaison Program to develop an Attendance Improvement Plan.

What might happen if my child continues to have unacceptable absences?

It is important to understand that the Department of Education and Communities may be required to take further action where children of compulsory school age have recurring numbers of unexplained or unjustified absences from school.

Some of the following actions may be undertaken:

- Compulsory Schooling Conferences

You may be asked, along with your child, to attend a Compulsory Schooling Conference. The conference will help to identify the supports your child may need to have in place so they attend school regularly. The school, parents and agencies will work together to develop an agreed plan (known as Undertakings) to support your child’s attendance at school.

- Application to the Children’s Court – Compulsory Schooling Order

If your child’s attendance at school remains unsatisfactory the Department may apply to the Children’s Court for a Compulsory Schooling Order. The Children’s Court magistrate may order a Compulsory Schooling Conference to be convened.

- Prosecution in the Local Court

School and Department staff remain committed to working in partnership with you to address the issues which are preventing your child’s full participation at school. In circumstances where a breach of compulsory schooling orders occurs further action may be taken against a parent in the Local Court. The result of court action can be the imposition of a community service order or a fine.

What age can my child leave school?

All New South Wales students must complete Year 10 or its equivalent. After Year 10, and up until they reach 17 years of age, there are a range of flexible options for students to complete their schooling.

Working in Partnership

The Department of Education and Communities recognises that working collaboratively with students and their families is the best way to support the regular attendance of students at school.

We look forward to working in partnership with you to support your child to fulfill their life opportunities.

Further information regarding school attendance can be obtained from the following websites:

Policy, information and brochures:

The school leaving age:

Do you need an interpreter?

Interpreting services are available on request, including for the hearing impaired. The Telephone Interpreter Service is available 24 hours a day, seven days a week on 131 450. You will not be charged for this service.

For further advice and questions contact your educational services team

T 131 536

Learning and Engagement

Student Engagement & Interagency Partnerships

T 9244 5129

www.dec.nsw.gov.au

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 NSW Department of Education and Communities
Addressing Angry Teens in the Family

This free forum is being provided by professional services to better equip parents in addressing and dealing with anger issues in teens and to assist parents to resolve conflict in the family dynamics.

Topics include:
- A Healthy Relationship with your Teenager
- Warning signs and legal ramifications
- Positive strategies to resolve issues

Where: Castle Grand Community Centre
Pioneer Room 2
Cnr Castle & Pennant Streets, Castle Hill

When: Tuesday, 24 March 2015
6.30pm-9.00pm

FREE Admission and Refreshments | FREE access to Professional Advice

For bookings and further information contact:
Carol on 0408 705 848 or Donna on 0416 082 626  OR
Email — hillsparentforum@gmail.com