Year 12 Music Performance Evening...

On Wednesday August 26, our Year 12 Music students shared their HSC performances with their families and friends in preparation for the HSC external exams on Wednesday September 2.

Jzawo English, Eliza Florian, Tayla Giblin, Reynor Jones, Brianna Lazoryzak, Libby Nealon, Jayden Tant and Anthony Wiltshire performed 1-2 pieces each and wowed the audience with their brilliant performances.

A big congratulations should be given to this class for the work they have put in over the last 18 months.
Upcoming Events

This Week

Monday 7 September
Year 11 Yearly Exams
CHS Trampoling - Smidt
Year 12 Interviews - May

Tuesday 8 September
Year 11 Yearly Exams
CHS Trampoling - Smidt
Year 12 Interviews - May
Year 8 - 10 VALID Science Exam
P&C Meeting
Year 9 PASS Self Defence - Smidt

Wednesday 9 September
Year 11 Yearly Exams
Year 12 Interviews - May
Year 8 - 10 VALID Science Exam
Year 9/10 Regional Netball Gala Day - Smidt
Year 7 Poetry in Action - Cosgrove
Year 9 Animal Husbandry - Bunn
Year 9 PASS Self Defence - Searle

Thursday 10 September
Year 11 Yearly Exams
Year 8 Sport - Flip Out 8P, 8R, 8O - Arnold

Friday 11 September
Year 11 Yearly Exams

Next Week

Monday 14 September
Year 11 Yearly Exams
Year 9 PASS Self Defence - Smidt

Tuesday 15 September
Year 11 Yearly Exams
Year 8 Sport - Flip Out 8X, 8I - Arnold
Year 9 History - The Big Dig - Petulis

Wednesday 16 September
Year 11 Yearly Exams
Year 12 Graduation Assembly
Year 12 Picnic Day
Year 9 PASS Self Defence - Searle

Thursday 17 September
Year 11 Yearly Exams
Year 12 Farewell Assembly
Year 12 Formal

Friday 18 September
Year 11 Yearly Exams
LAST DAY OF TERM

Term 4

Monday 5 October
Labour Day Public Holiday

Tuesday 6 October
Students return to school

Friday 9 October
Years 7, 8 & 11 Vaccinations

Sunday 11 October
Silver D of E

Homework Club

Students are welcome to attend Homework Club from 3.15pm until 4.15pm in the Library except the first and last week of each term.

In the event that supervision is unavailable and homework club is cancelled, students should check the Library window each Wednesday. Come along for help with homework and assignments.

Teachers from Maths and English will be available to assist you.

All students and staff welcome.

We look forward to seeing you all there.

HSC Supervisors Needed

If you are interested in a paid position by the Board Of Studies to help supervise the Higher School Certificate examination at Galston High School, please contact 9651 2222 to leave your details with Merrin Clarke.

The HSC exams will run from:

Monday October 12 - Friday November 6 2015.
SRC Big Blue Bash....

A big thank you to the students and staff of Galston High School for your support of the Big Blue Bash last Friday. We had a great day with a blue themed mufti day and donut eating competition at recess where Rochelle Shahfazli was the winner.

The teachers reigned superior in the blue relay at lunch which involved seven stations, blue balloon blowing up, blue jelly search, blue cupcake decorating, blue lemonade sculling, blue smarties separating, blue cup tower and blue egg and spoon race.

Funds raised will go toward beyondblue and the GHS SRC.
As a team, we have been set the challenge of continuing the legacy of the outgoing prefect team and this is by no means a small challenge.

We took the opportunity to thank the outgoing team for the dedication, hard work and commitment you have put into your roles over the past year. Through your efforts we have been inspired to take further strides towards positive change within our school. We are grateful to be able to use your experiences to help us effectively lead the school to the best of our ability, and further use those experiences to develop ourselves as people as well as leaders. We appreciate you for all you have done for Galston High School and look forward to following the path you have created.

Following the path of leadership as part of Galston High School's prefect team is an honour and a privilege and the incoming prefect team thank you for all your advice and knowledge.

Since we began at Galston High School in 2011, we have seen a major shift in the school culture and we are honoured to now be a part of this transformation through great examples, we have learned that leadership is about having the courage, vision and determination to succeed. Leadership asks not only drive but integrity to bridge the gap between lofty goals and the daily realities of serving others. Leadership, we know, is as much about the team as it is the individual.

Our aim, as the new prefect body, is to work closely with other leadership bodies within the school, as well as representing our school positively in the community.

As the newly elected leaders, we promise to be humble in our leadership and do all that we can to be the best leaders we can be. We are extremely proud and thankful to be able to represent Galston High School for the upcoming year.

In Grapevine over the next few weeks, we will be providing Prefect Profiles so our community can learn a little more about each of us.

On August 11, Sean McCauley was unable to attend the official induction of the 2016 Galston High School Prefect Leadership Team. To formally welcome him into the team, he was inducted at Tuesday’s assembly on September 1.

Sean was accompanied by his fellow Prefects as he signed the Prefect’s Code of Conduct contract along with Ms Tourlas and was badged by the 2015 prefect, Tony. Sean also undertook the Oath of Service to the school, as he accepted his role as a Galston High School Prefect for 2016.

We gladly welcome him to the team and look forward to working together and representing the school. Congratulations Sean McCauley.
My name is Annabelle Pearce and I am privileged to be Galston High School's 2015 - 2016 School Captain. I attended Arcadia Public School from kindergarten until year 6 and loved every day I spent there. Being at Arcadia showed me how small schools can achieve great things. I have many memories of camps, band, sports carnivals, and most of all the school spirit and close community of Arcadia.

Over the next year I am looking forward to working with both Arcadia Public School and Middle Dural Public School as my partner primary schools. For the HSC, I am currently studying PDHPE, biology, food technology, visual arts, 2 unit mathematics and advanced English. Beyond high school, I am not sure exactly what I want to do, however I know I would like to study at university. Some of my ideas for the future include teaching and psychology.

As a student of Galston High School I have been very involved with the extracurricular activities offered. These include being a peer support leader, being a house leader, being a dance captain of the GHS dance group, participating in two school musicals, Duke of Edinburgh, sporting activities and now the prefect team.

There are so many things that I enjoy about GHS. The wide range of subjects and extra-curricular activities mean that there are always so many enjoyable things to be involved in. I also love the growing school spirit and the connections between the community and the school. The school environment is one that is comfortable and makes school a great place to be.

Being elected as GHS School Captain is an absolute honour, and a role that I will be dedicated to. I am looking forward to working with my team, the teaching staff, the student body and the community of Galston High School to help carry on the legacy of the previous prefect body and help the school to achieve excellence.

My name is Harry Trethowan and I am Galston High School's 2015-2016 School Captain.

The primary school I attended was Dural Public Primary School and as part of the prefect team for 2015-2016 I am looking forward to reconnecting with Dural with Sarina Randoja as I have many great memories of the friendships and experiences I developed over my primary school years. I am also partnered with Glenorie Public School with Ruby, and am excited to get involved with their school culture and attend their functions.

In my senior years at Galston High School I have chosen to study Advanced English, 2 Unit Mathematics, PD/H/PE, Agriculture, Biology, and Chemistry. In the future after school I am hoping to study medical science, or biotechnology at university, as well as competing in high level swimming events. These passions have developed over the years at Galston High School through the support of teachers, friends, family, and coaches.

High school for me has been a rewarding journey that was nothing like the daunting experience which I imagined it to be. It has opened my eyes to not only academic opportunities, yet also the positive environment of Galston High School, extracurricular activities, and a friendly culture that I want to help develop as part of the prefect team.

Over my years at Galston High School I have been part of many extracurricular activities, including being part of soccer and basketball teams, the senior debating team, Bronze Duke of Edinburgh, House Leader, and one of my favourites, the water polo team. Together with the rest of the 2015-2016 prefect team I feel we are prepared to continue developing the path laid before us by the outgoing prefects and uphold Galston High School's core values of respect, responsibility, and personal best.
My name is Alyssa Micallef, and I am Galston High School’s 2015-2016 Vice Captain. I attended Glenhaven Public School, and have many amazing memories of the seven years I spent there. Glenhaven Public School gave me many opportunities in the performing arts, such as dancing, singing and acting. I loved dancing outside of school, and I was so excited to be a part of all the dance troupes, and ‘Junior Rock Eisteddfods’, and it was these events that made my primary school life so enjoyable. I also loved the school camps that we were lucky enough to go on in our senior years (year 5-6), making my primary school experience so fun and enjoyable.

I am looking forward to being partnered with Kenthurst Public School, and am excited to share some of my primary/high school experiences with them.

At Galston High, I have been lucky enough to be exposed to a wide variety of subjects to choose from. The subjects I am studying for the HSC are Advanced English, Legal Studies, Drama, Ancient History, Modern History and Society and Culture. I cannot imagine my future without the performing arts, or entertainment industry in it, so I am hopeful that my career after school will take me down this path whether it is in acting, dancing, stage management, or TV presenting!

As a student of Galston High School, I have been lucky enough to build many great extra-curricular activities over the years, such as the debating team, the musical and dance group, along with many leadership opportunities such as peer support for year seven’s, house leader, and dance captain. It is these opportunities that I enjoy most about GHS, and of course the amazing staff members make my school days that much more enjoyable, due to their commitment and dedication to the students.

Galston High School has shaped me as a student, and has instilled in me our three core values; respect, responsibility and personal best. As Vice Captain, I hope to further develop these with the year sevens moving into GHS. With the help of the skilled prefect team, I feel that we can enhance school spirit, and continually improve our great school. It has been an absolute privilege becoming a part of this team, and I look forward to working together over 2015-2016.

My name is Geoffrey Sutherland and I am the newly elected Vice Captain of Galston High School. I attended Galston Primary School where I was the school captain. My primary years allowed me to build the foundation of who I am today, whilst creating lifelong memories in the process. Due to the small size of the school, I was allowed to bond with students from across the years as well as the teachers. Some of my fondest memories are of playing handball every recess and lunch, attending the sporting carnivals as well as making lifelong friendships. The school became my second home; a place that was very welcoming and that made me feel a sense of belonging. Along with fellow Galston Primary student Shivana Mudaliar, I will be partnered with the school and we are both looking forward to attending the special events held throughout the year.

In my senior years at Galston High, I elected to study Advanced English, Extension 1 Mathematics, Physics, Chemistry, Engineering Studies and Economics. Hopefully, these subjects (combined with hard work) will allow me achieve my aspirations to study Optometry at University New South Wales.

The transition from primary school to high school can be associated with feelings of anxiousness or apprehension. However, after the first day of year 7, I realised that the school is a friendly environment filled with caring staff and great students that I will remain friends with for life. The school ensures everyone feels included and there are so many extra-curricular activities available to students. Over the past 5 years at high school, I have been involved in various leadership roles in the school. In year 10, I was a peer support leader to the year 7’s as well as being one of the youngest house leaders. These leadership positions have helped me attain the role of vice captain of the school, for which I am very grateful. I also involved myself in numerous sporting opportunities including swimming/athletics carnivals and tennis knockout. Participating in these extracurricular activities helped to enhance my overall experience of high school.

As this is my last year of school, I feel as though this is my final chance to make an impact on the school. I have been so fortunate to have been awarded the position of Vice Captain and I look forward to working with the rest of the prefect team to strive for our goals. I hope that we as a group will work together and continue to improve the school’s image in the wider community. I am sure that my final year at school will be one of my best.
My Music experiences have included things like performing at assemblies, events such as Battle of the Buskers, in class performances and also accompanying a fellow Year 12 student in one of his HSC pieces. As I’m exposed to a performing environment, both within and outside of the classroom, I have sung and played for hundreds of people on numerous occasions this year. Being a part of Jayden’s HSC Performance was a highlight and accomplishment for me as it exposed me early to the HSC performing environment and expectations.

Tom Fraser of Year 11

Music has been my most enjoyable subject this year. In class, we have thoroughly explored a range of interesting and exciting time periods and genres including Baroque, theatre, jazz and classical. Not only has Music broadened my knowledge and understanding, but it has also given me many great performance opportunities such as performing in school assembly and being a part of the school musical, ‘Back to the 80s’; which was a wonderful experience.

Fiona Macpherson of Year 10

Music is by far my most enjoyed subject and has been throughout the year. It has allowed me to build on my musical understanding in all areas, particularly with multiple performance opportunities in school assemblies and events. My involvement in the school musical ‘Back to the 80s’ has exponentially increased my confidence in performance. In class, our exploration of different Music time periods and genres has increased my appreciation of Music throughout history. Overall, Music has been a wonderful educational opportunity and I would strongly recommend the subject to others.

Rae Borton of Year 10

Visual Arts this year has been a great fun time that has allowed me to further my skills as an artist. In term one, we drew a portrait of ourselves and with help, it turned out looking exactly like me. In term two, we recreated our portraits using paint which was as difficult as it sounds. During term three, we worked on a body of work, where we appropriated pieces of famous artworks and changed it to explore and comment on a social issue. Overall, this year has been great in Visual Arts and I can’t wait for next year.

Chloe Morrisby of Year 10

For me, Visual Arts at Galston High School was enlightening and challenging. My teacher Ms Birkinshaw and the entire CAPA staff were extremely helpful and supportive of my endeavours to produce a solid major work of which I’m extremely proud of. I will never forget my time in Visual Arts.

Jzawo English of Year 12

Visual Arts has been a great subject to experience with many accomplishments to celebrate such as finishing our HSC Bodies of Works and many new friendships made.

Visual Arts has been one of our favourite subjects throughout Year 12. While it was sometimes stressful working towards our major work, we found it rewarding and fun.

Throughout the course we’ve been exposed to lots of different techniques and methods that helped develop our skills. Visual Arts has helped make us more confident and form new friendships. The resolved major work was definitely rewarding and something we sometimes didn’t even consider possibly achievable. Visual Arts was my favourite subject and while at times could be stressful, I also made amazing friends, became closer to teachers and learned more about ourselves.

Art is by far my best subject, not only because I enjoyed it but it helped us unwind from stress throughout Year 12. We had a small class and it was exactly that which allowed us to become such close classmates who pulled each other throughout it all in the end.

The irony of my Visual Arts experience is that it was my ‘to drop’ subject. I am really glad I stayed with it and worked through the stressful time. Visual Arts has helped shape me as a person allowing close friendships to form and amazing memories to be created. I am so proud of my class mates and what they have achieved. I have loved Visual Arts throughout the year and I’m going to miss the class a lot.

Mrs Meagher’s Year 12 Visual Arts Class

My experience within Visual Arts has been a moving and emotional one. By creating strong bonds with the students and teachers I have learned many skills which I never thought I was capable of. Having great memories within Year 12 Visual Arts, many jokes and laughter in both prac and written classes was common. Even though the written component can be challenging, the teachers always made it engaging and fun, and easy to understand. I often wanted to give up and burn my major work but the support from friends and teachers helped me through the stressful times. I managed to finish my work with many great memories along the way. I will always look back at the time I had in Visual Arts and not only remember the work but also the friendships I created with everyone and all the good and bad times throughout the year. Visual Arts has helped me open up my mind to new things and experiences – go, Visual Arts!

Tiana Springer of Year 12
Two years ago, Sara overcame a bout of anorexia, giving her a new appreciation for her own ability.

"Overcoming that was the hardest thing to do and will be the hardest thing I will do. It gave me strength knowing I can do anything: all I have to say is that I can and chip away at it."

An Australian Institute of Sport training camp, three months after getting out of hospital, was her turning point.

"It gave me wings away from hospital and eating disorders. It opened my eyes to what was available and what I could achieve through mountain bike riding."

Her sight is currently set on holding her fourth place position in the open elite women’s racing category of the Evocities MTB Series, which boasts being Australia’s richest series in the sport.

It offers $80,000 in prize money across nine racing categories, with the sixth and final round held on September 6 in Wagga Wagga.

Mills is hoping mountain bike riding will compliment her future career, hoped to be in the area of business, sales or marketing once she finishes the HSC this year at Galston High School.

"Mountain bike riding has opened up a lot of doors for me and the ability to reduce my stress levels and really help my physical and mental health. It has given me opportunities to do so many things in all avenues in life whether that be a career in the industry or just encouraging other women or even one child to get out and ride and experience this incredible sport."

In January, Sara competed in the Tour Down Under as a guest rider for the NSW Institute of Sport in a sponsored team. Two months later at the Oceania Mountain Bike Championships, Toowoomba, she placed fifth in the under 19’s women division, despite battling a severe leg infection.

After the Evocities MTB Series, she plans to head to the Snowies MTB Festival in February for a three-day, five stage race.
Walk for William

William Tyrrell disappeared from Kendall NSW
On 12 September 2014
#walk4william
On Saturday 12th of September at 10.30am
"Walks 4 William" will begin at Arcadia's "Walk 4 William" will begin at Andy's Takeaway/General Store & finish at Arcadia Park/Fire Station.

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